

## **Ashland Business Association (ABA)**

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#### **PRESS RELEASE**

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#### FOR IMMEDIATE RELEASE

# Ashland Business Association Features Motivational Speaker and Author Nancy Capistran, January 8

**ASHLAND, MA**—Jan. 3, 2019--The Ashland Business Association (ABA) will hold its monthly meeting on Tuesday, January 8, 5:30 to 7:30 p.m. at the Ashland Library, Community Room, 66 Front St. The program, "Open Your Eyes and Lead," will feature motivational leader and author Nancy Capistran. The program is free and open to the public. Attendees may register in advance on the ABA website, www.ashlandbusinessassociation.com.

Noodle City, an Ashland restaurant that serves authentic noodle dishes from Japan, Thailand and Vietnam, will provide food for the event. Early networking starts at 5:30 p.m.; the program runs from 6 to 7:30 p.m.

Also on the program will be Habitat for Humanity's Carolyn Love Scalise as a speaker for the Business Spotlight. Habitat for Humanity opened a ReStore in Ashland last spring where Scalise is the store manager.

A longtime resident of Ashland, Capistran is an award-winning, internationally certified executive coach, speaker and author of the new book, "Open Your Eyes and Lead." She will

present highlights from her book and share inspirational stories and advice to help both seasoned and emerging leaders develop intentionality and maintain favorable values and beliefs—even when the heat is on and profits are at stake.

### **About the Ashland Business Association**

Nearly 120 Ashland businesses make up the Ashland Business Association (ABA). The ABA holds learning programs or networking socials on the first Tuesdays of most months throughout the year. For more information, contact President Adam Sachs at <a href="mailto:president@ashlandbusinessassociation.com">president@ashlandbusinessassociation.com</a> or call 508-656-0503. To join the ABA, visit <a href="https://www.ashlandbusinessassociation.com">www.ashlandbusinessassociation.com</a>.

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Ashland resident Nancy Capistran is the guest speaker for the January 8 Ashland Business Association program. (Photo/supplied)